

“*Journey Through the Psalms*” Reading Plan

Week One (*January 17-23*)

1 □ 2 □ 3 □ 4 □ 5 □ 6 □ 7 □ 8 □ 9 □ 10 □ 11 □ 12 □ 13 □ 14 □ 15 □

Week Two (*January 24-30*)

16 □ 17 □ 18 □ 19 □ 20 □ 21 □ 22 □ 23 □ 24 □ 25 □ 26 □ 27 □ 28 □ 29 □ 30 □

Week Three (*January 31-February 6*)

31 □ 32 □ 33 □ 34 □ 35 □ 36 □ 37 □ 38 □ 39 □ 40 □ 41 □ 42 □ 43 □ 44 □ 45 □

Week Four (*February 7-13*)

46 □ 47 □ 48 □ 49 □ 50 □ 51 □ 52 □ 53 □ 54 □ 55 □ 56 □ 57 □ 58 □ 59 □ 60 □

Week Five (*February 14-20*)

61 □ 62 □ 63 □ 64 □ 65 □ 66 □ 67 □ 68 □ 69 □ 70 □ 71 □ 72 □ 73 □ 74 □ 75 □

Week Six (*February 21-27*)

76 □ 77 □ 78 □ 79 □ 80 □ 81 □ 82 □ 83 □ 84 □ 85 □ 86 □ 87 □ 88 □ 89 □ 90 □

Week Seven (*February 28-March 6*)

91 □ 92 □ 93 □ 94 □ 95 □ 96 □ 97 □ 98 □
99 □ 100 □ 101 □ 102 □ 103 □ 104 □ 105 □

Week Eight (*March 7-13*)

106 □ 107 □ 108 □ 109 □ 110 □ 111 □ 112 □
113 □ 114 □ 115 □ 116 □ 117 □ 118 □ 119 □ 120 □

Week Nine (*March 14-23*)

121 □ 122 □ 123 □ 124 □ 125 □ 126 □ 127 □
128 □ 129 □ 130 □ 131 □ 132 □ 133 □ 134 □ 135 □

Week Ten (*March 21-27*)

136 □ 137 □ 138 □ 139 □ 140 □ 141 □ 142 □
143 □ 144 □ 145 □ 146 □ 147 □ 148 □ 149 □ 150 □

Reading Reflection Questions:

How does the psalm describe God’s character and nature?

According to the psalm, why is God worthy of praise?

What is the mood of the psalm?
What emotions are expressed?

What life situations does the psalm address?

What does the psalm teach us about prayer?
What prayer themes emerge in the psalm?

How does the psalm contribute to our understanding of the life of faith?

What does the psalm teach us about worship?

Is there a verse to remember?

How does the psalm speak to you?