

# Message Action Plan

*A guide for you to reach your destination  
Bring someone with you for the journey*



## **Our Mission & Values**

*Scriptural Authority*

### **Answer, Discuss, & Apply**

What is a challenge in your life right now that is wearing on you?  
How does this challenge make you feel?

**Read 2 Timothy 3:16-17.**

#### **1) The Bible is God's breath.**

Practice becoming CALM by breathing IN God's Word while breathing out your anxiety verse by verse.

*Read Philipians 4:4-5 - **Celebrate God's goodness.***

*Read Philipians 4:6 - **Ask for God's help.***

*Read Philipians 4:7 - **Leave Your Concerns with Him.***

*Read Philipians 4:8 - **Meditate on Good Things.***

**Read Ephesians 2:19-20; Matthew 7:24-29.**

#### **2) The Bible is God's foundation.**

Why is a firm foundation better than feelings that change?

How can a person acknowledge feelings while remaining faithful to Scriptural Authority?

**Read Joshua 1:6-9.**

#### **3) The Bible is God's guide.**

How can you allow the Bible to better guide your daily life this week? Who is God wanting you to share His truth in love with?